

Let's face it... nobody likes a monobrow. When it comes to the art of taming men's eyebrows, less isn't necessarily always more, though. It can take as little as a trim or the odd pluck here and there to make you look that much more polished and well groomed.

Step 1 The right equipment

You will need:

- A good pair of tweezers
- A pencil

- An eyebrow brush
- Hair gel

Step 2 Where to pluck

To find out where to pluck, all you need is a pencil. Hold the pencil vertically from the side of your nose to your brow. This is where your eyebrow starts. If you have hairs in-between your eyes, don't pluck beyond this line or you risk making your eyebrow look too short.

Step 3 Capture those strays

Once you've cleared the area between your eyes, it's time to start on your actual brows. As a rule, pluck underneath rather than on top of your brows. First focus on the centre. Look for any hairs that look out of place before moving towards the ends. Be very conservative - it's easy to over-pluck.

Step 4 Trim

If your eyebrows are very long it might be a good idea to trim them. Again, be cautious. You don't want to take too much off and make your eyebrows look thin. Use an eyebrow brush to help you determine how much to trim. Dampen it with water and brush your eyebrows upwards. Cut the tips off any untidy hairs that seem out of place.

Step 5 Gel

Brush it through your eyebrows to keep them in place all day.

Finally, put a small bit of hair gel (or eyebrow gel if you have it) on your eyebrow brush. www.wellnesswarehouse.com

