

We gotta hand it to you!



One can hide a few extra kilograms with clever clothing and well applied make-up can make you look years younger, but neglected hands will certainly give away your age. In fact, your hands should get as much attention as your facial care to help prevent the tell-tale signs of ageing.

The skin on our hands is thinner, constantly exposed to the weather, water, soap and all sorts of chemicals that could result in **dehydration and visible signs of ageing**. Hence it makes perfect sense to use special **hand rejuvenation treatments** to restore and plump up the skin.



To read the full article click here:

http://spice4life.co.za/the_look/we-gotta-hand-it-to-you/