

Skin Renewal Diaries: Beta Hydroxyl Peel



I know the cold season is already approaching and talking about sun rays is somewhat foreign right now but for a person who has been undergoing skin treatment, being exposed to the summer sun rays during the warm season disturbed my skin care treatment.

It was very easy to let go of the regular morning and evening routine and thus the change in skin regimen lead to problems.

Although I used the same face wash, sunscreen, face cloth, exfoliator and toner, my skin felt haggard after only two months of not attending my regular treatments at Skin Renewal Clinic.

With that said I had to go back for a check up and I met up with my skin therapist Bianca Capcan, who explained that we were going to be rehashing the previous procedures I'd done and include a new one.

It was very relaxing knowing what to expect and no longer being intimidated by the process. This time around we focused on the [beta hydroxy peel](#).

Read more: <http://lifestyle.iafrica.com/wellness/1026409.html>