

Top Skin Treatments To Have in Winter

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Summer skin is made in winter. The doctors at Skin Renewal share the treatments and procedures that work better during the cooler months.



1. Get an even skin tone

Try: Fraxel DUAL

Benefits: The Fraxel® DUAL laser provides moderate-level treatment for pigmentation, skin tone, lines, acne scarring, and poor skin texture. It is more effective and less invasive than older laser types and is FDA approved.

Why you should have it in winter: After the treatment, you should have little or no sun exposure for up to 6 months.

2. Treat fine lines and acne scars

Try this: 3D peel

Benefits: Deep peels treat age spots, fine lines, acne scarring and more.

Why you should have it in winter: You're going to have some downtime during which you will be peeling and sun exposure after the treatment can cause pigmentation.

3. Try a new anti-ageing treatment

Try this: Limelight

Benefits: A new, non-invasive skin rejuvenation light treatment which can be customized for different skin tones and ageing skin conditions.

Why you should have it in winter: You will need to avoid the sun for 2 – 4 weeks after a Limelight procedure.

4. Try laser hair removal

Why book this in winter? To get the best results, there should be no previous suntan or sun exposure on the treated areas. If there is sun exposure, lower settings have to be used which means you may have to have a few additional sessions to get the full result.

To read the full article visit: <http://beautysouthafrica.com/skin-and-body/top-skin-treatments-to-have-in-winter>