

NO NEED TO FLAP ABOUT CHICKEN SKIN

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The symptoms aren't that bad, but if you were born with it, 'chicken skin' can be a daily drag; particularly in the cold, dry winter months. No one wants permanent goose bumps that get in the way of smooth, flawless skin, especially when it comes to baring it.

One of our readers asked: "I would love to know how to get rid of the tiny red bumps on my arm. My mom also suffers from chicken skin and for both of us it seems to get worse in winter".

[Skin Renewal](#) founder and expert, Dr. Allem, replied

To read the full article visit:

<http://bit.ly/BSAChick>