

## DOES SMILING REALLY CAUSE WRINKLES LATER IN LIFE?



In my circle of friends, there was this girl who didn't smile for fear of wrinkles. It was a panic her mother had instilled in her at a young age, and she had done well in practicing the art.

While her eyes sparkled every time someone made her laugh, her mouth would barely move.

We were ten.

By chance, I ran into her many years later and she was smiling happily throughout our catch up. I quickly confronted her with my puzzlement.

**READ MORE HERE:**

<http://bit.ly/2OVMagicMes>