



# O, Beautiful

★ Follow along on our eight ports of call, from doctor's offices to salons, and discover which beauty adventures you might want to explore yourself.

## Filler Up

Promotions manager JANE HEY braves the doctor's office to try a filler treatment.



"I WAS BORN in Bahrain and grew up in South Africa, so my skin has had its share of sun damage over the years. I was eager to find out if fillers would make a difference to my overall appearance.

"The entire procedure took less than an hour, and although it was fairly painful, my doctor at Skin Renewal made me as comfortable as possible by explaining each step as she performed the procedure.

"For two days after the treatment, I experienced swelling on my lips and slight bruising – but this wasn't really visible to anyone else. The change might be subtle, but overall, I'm delighted with the way it has softened

my features. My husband liked the effect, too: Although he couldn't pinpoint exactly what had changed, he said I appeared refreshed. And a few of my colleagues said my wrinkles weren't as noticeable as they'd been before.

"Next time, to offset the discomfort, and relatively high cost, I might fill one deep wrinkle, rather than having my entire face done – but when you consider that the results should last a full year, it's worth it."

★ **DO IT ... if you want a noticeable change (and aren't afraid of needles).**

To find your nearest Skin Renewal branch, call ☎ 011 883 5116 or visit [skinrenewal.co.za](http://skinrenewal.co.za)



BEFORE



AFTER

## Glow For It

Beauty editor CHEREEN GIBSON tried a spray tan to warm up her pale complexion.



"THE WORST THAT could happen during this treatment?

I'd wind up looking orange, streaky, or both. The best? I'd get glowy, flawless skin, just in time for summer. The results of the Caribbean Tan Professional Spray Tan exceeded my expectations.

"My therapist at Ageless Faces recommended I use B, a medium shade, for the most natural results. After I got undressed, she proceeded to spray colour directly onto my skin, using a device that looks a bit like a paintball gun. Once she'd given me a once-over, spraying under my arms, inner thighs and the tops of my feet, she gave me a blast of warm air to dry me off. My skin looked a few shades darker, and I walked out of the salon with a spring in my step.

"My colleagues couldn't stop commenting on how healthy I appeared, and my husband said that I looked great, too. I've since resolved to stay out of the sun, opting instead for a monthly spray tan."

★ **DO IT ... if you have a pale complexion and are worried about sun damage.**

To find your nearest Caribbean Tan stockist or salon, call ☎ 021 556 5700 or visit [caribbeantan.co.za](http://caribbeantan.co.za)