

## I'm getting cellulite, but I'm not overweight – help!



Health expert Dr Graham Duncombe from Skin & Body Renewal responds:

“It is important to remember that cellulite is not simply connected to weight gain. It is influenced by diet, circulation, poor lymphatic drainage, hormones and lifestyle. So there isn't simply one quick-fix when it comes to this condition. All of those factors have to be taken into account.

To read the full article visit: <http://beautysouthafrica.com/healthy-living/im-getting-cellulite-but-im-not-overweight-help>