

Skin and Body Renewal

Cape Town

Skin & Body Renewal recently re-launched their newly renovated Cape Quarter branch in Green Point, and introduced their first Oasis Spa. Skin & Body Renewal is renowned for their non-surgical anti-ageing treatments. There is always a medical doctor on the premises to advise clients during their consultation.

The Oasis Spa has 11 treatment rooms, offering a range of anti-ageing treatments such as Botox, dermal fillers and laser, and has now added body wraps, facials, massages and spa packages ranging from 90 minutes to 5 hours. There is a luxurious double-suite, pedicure and manicure lounge with panoramic views of Table Mountain, a separate male and female steam room available for complimentary use to all clients pre or post treatments and the option of a 30 minute Oxygen therapy session in the Oxypod at a minimal charge. The décor is simplistic, stylish and appeals to both men and women.

I was welcomed by a very professional front of house team, including the manager, who introduced me to my therapist, Brittany. I chose the 30 minute reflexology treatment followed by the 60 minute full body massage and both were excellent. The professionalism of the team was evident from the moment I entered the spa.

