

## ARE DO-IT-YOURSELF LASER HAIR REMOVAL DEVICES SAFE?

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What is your opinion on the do-it-yourself laser hair removal devices being sold now, such as the no-no and the Silk'n machines? Are they worth buying? Going for laser treatments is unfortunately too expensive but, with the really terrible ingrown hairs I get, it seems like my best option. I'd love to know what you think.



Dr Maureen Allem from Skin & Body Renewal answers:

"I must be honest and say that this is a very difficult question to answer, as we are not "comparing apples with apples" here. There is a vast difference between medical grade lasers that are used for **hair removal**, versus **IPL** machines that are commonly used in beauty salons, versus retail machines that are sold to customers. Just from a safety point of view, the machines that are sold as "at-home machines", cannot possibly be as powerful as the professional units otherwise it would be unsafe for customers. It is also very difficult to guarantee results with these machines.

I also just feel that if you have a qualified laser operator doing your treatments, not only do you get good results, but you have someone to go to with any concerns or issues and you have **professional advice on call**.

My advice to you would be to rather save up, and visit a qualified laser specialist for hair removal."

Read more: <http://beautysouthafrica.com/skin-and-body/are-do-it-yourself-laser-hair-removal-devices-safe>