

SKIN RENEWAL

NON-SURGICAL SOLUTIONS

Do you want to address your anti-ageing issues, but don't feel quite ready to go under the knife? These latest aesthetic technologies may just be the answer for you.

IT'S QUITE a challenge to sort out our ageing concerns effectively, but every so often aesthetic technology leaps ahead and gives us a gem. According to Dr Maureen Allem, founder and medical director at Skin Renewal, two such gems are PDO Threading and Fraxel™ DUAL.

PDO THREADING

PDO Threading involves injecting multi-strand threads deep underneath the surface of the skin. The threads are strategically placed, guided by the natural tension lines of the skin.

Once placed, they act as a scaffold, lifting loose and sagging skin. The procedure stimulates the production of collagen and creates a frame for the collagen to attach to, showing effects similar to that of a surgical facelift.

The threads are reabsorbed and dissolve over time, but with the immediate stimulation of collagen and elastin, the treated area looks brighter and healthier after just a few days.

Optimum results are achieved after approximately three months. As the threads are soluble, they will last for four to six months, but with continued collagen stimulation, the lifting and smoothing effect of this treatment lasts for two to three years.

Even though this treatment is usually recommended for the facial area, effective results are achieved in any part of the body where lifting is the desired outcome. On the face, it addresses fine lines and wrinkles around the eye and lip areas, as well as

drooping eyelids and eyebrows. On the body, it assists with tightening of the abdomen – especially after pregnancy – and the breast and chest area, as well as batwing arms, ageing hands, sagging buttocks and cauliflower knees.

FRAXEL™ DUAL

Fraxel treatments are not a new concept, but the latest Fraxel™ DUAL incorporates two lasers in one and shows results in as little as two or three treatments.

The addition of the 1927 Thulium laser ensures that all forms of pigmentation and pre-cancerous skin lesions can be treated, while the upgraded 1550nm Restore wavelength targets skin texture and will improve deep lines and acne scars.

These two lasers can be used together or separately, depending on the patient's needs.

The Fraxel™ DUAL is a gentle, FDA-approved treatment that resurfaces the skin from the inside out. It shows dramatic results in the treatment of sun damage, wrinkles and pigmentation with hardly any downtime.

Treatments are suitable for all skin types and even though they are usually applied to the face, neck, décolleté, hands and arms, any problem area can be treated.

Depending on the severity of the problem, three to five sessions are prescribed at intervals of two to four weeks. Results are seen after only two or three treatments, but they are cumulative and the final result is visible after two to three months. **V**

FURTHER INFORMATION

To find out more about these treatments, visit www.skinrenewal.co.za or contact 086 126 3972 to book your individual assessment.

