

Brain Renewal

Skin Renewal's philosophy is to provide clients with a holistic approach to their health and wellbeing. With the brain at the helm of the entire system, it's a natural progression to monitor the function of this very important organ too.

The brain continuously produces measurable electrical signals known as brain waves. These brain waves are measured as a variety of frequencies, each with their own characteristics.

Brain Renewal uses state of the art electroencephalogram (EEG) technology to measure these frequencies and their associated patterns within your brain. The EEG records these brain waves and patterns, collecting massive amounts of data within a short period. These recorded patterns of the brain are compiled and analyzed to produce an accurate graphical representation of your brain's function and to compile the report. This process is called Brain Mapping. A specific brain program is then worked out to optimize the brain's development and performance – called Brain Training.

Neuro-Feedback - the process where the brain's activities are monitored via an electroencephalogram (EEG)- provides near instantaneous audio and visual feedback through the senses to the brain. Neuro-Feedback is helpful for patients with a number of conditions, including:

- Older people find that memory can be strengthened

- Insomniacs develop improved sleep patterns
- Students and children have improved focus
- Stressed individuals find new energy
- Artists create neural networks which open up discoveries and creativity
- Trauma sufferers – emotional or physical - find that they cope better

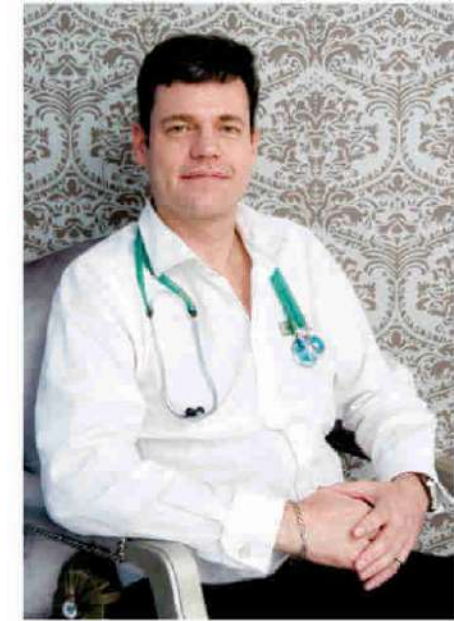
Brain Renewal is currently only available at the Fourways branch in Gauteng and the Cape Quarter branch in the Western Cape.

To find out more about the effects of Neuro-therapy, visit Brain Renewal on www.brainrenewal.co.za or contact 086 175 4672.



Cape Quarter | Claremont | Constantia | Stellenbosch | Somerset West | Willowbridge

Contact us on 086 | SKIN SA (7546 72) | www.skinrenewal.co.za



Dr. Graham Duncombe

Dr. Graham Duncombe is a General Practitioner, with a special interest in Integrative, Anti-aging & Aesthetic Medicine. He is part of the medical team at Skin, Body, Brain & Health Renewal and consults at the Cape Quarter, Willowbridge and Somerset West branches in the Western Cape.