



Reclaim your Confidence



Elixis Elite Now Available

About Skin, Body and Health Renewal

Skin, Body and Health Renewal approaches anti-ageing in a holistic and integrated manner. Treatments include non-surgical, anti-ageing procedures, weight loss programs, body-sculpting procedures as well as diagnostic health screenings. The aim is ultimately to provide optimal health and well being for all clients.

Skin, Body and Health Renewal launched in 2005, with a presence in KwaZulu Natal since September 2013, with branches in Hillcrest and Umhlanga. Today, 17 luxurious clinics are spread across the country in Durban, Johannesburg, Pretoria and Cape Town.

The Oasis Spa's, based at 5 of the branches, including the Hillcrest branch, offer clients a little extra in the sense of pampering with treatments such as massages, facials, waxing, manicures and pedicures.

A team of 19 medical doctors and 2 medical scientists, all with a special interest in integrated health care, support Dr. Maureen Allem, founder of Skin, Body and Health Renewal. An additional 9 qualified, registered nurses as well as a number of fully trained therapists, further make up the team.

Some treatments include:

Skin Renewal: 3D liquid facelift using Botox and dermal fillers, chemical peels, pigmentation and rosacea treatments, lips and eye rejuvenation, sun damage reversal, age-defying facials, jaw line definition and acne treatments.

Body Renewal: Medical weight loss programmes, cellulite and body sculpture with fat freezing treatments, hair and vein removal, stretch mark treatments, and hand, neck and décolleté rejuvenation.

Health Renewal: Health renewal integrative consultations, suggested blood tests hormone assessment and balancing, nutritional supplement advice, IV vitamin therapy and IV detoxification.

Some of the latest technologies that Skin, Body and Health Renewal have invested in, available at the Umhlanga branch are Miracu Threading, Titania, IV Infusions and Velashape.

To find out more about any of the treatments offered at Skin, Body and Health Renewal, visit www.skinrenewal.co.za or contact Skin Renewal on 086 126 3972 to book your individual assessment.



Titania Now Available



Reclaim your Youth