

What's Up With The Looming Sugar Tax



High levels of sugar binds to the protein found in the collagen of your skin & body, a bond which causes the enzyme to be less functional. A lot of toxin build-up can lead to an increase of inflammation in the area. This process is called glycation, and results in voluminous collagen to become more compressed and reduce the youthfulness of the skin. (thus presenting a more "aged" and haggard look).

The component that this process makes are AGES (Advanced Glycation End Products), that can even lead to damaging the DNA of your cells, leading to long term chronic illnesses & cancers. This is not restricted to your skin, the dangers of AGES affects the entire body and can lead to decreased brain workings resulting in strokes and Alzheimer's disease. The highest levels of AGES are prevalent in diabetes patients, which again highlights the dangerous connection between sugar and damage caused in the body.

Read full article here:

<http://www.2oceansvibe.com/2016/02/26/whats-up-with-the-looming-sugar-tax/>