

DETOX RETREATS YOUR BODY NEEDS



Sometimes simplifying our world and our bodies for a moment allows the old story to 'leave the building'. Other times we need to get a little intimate with our organs. Either way the different faces of detoxification are worth the delicious renewed vigour they are capable of unlocking.

Health Renewal Clinics in Gauteng, Durban and Cape Town, offer the 10-day Clear Change detox program to support general wellbeing. This protocol is designed for your individual needs. It is composed of specific foods and supplements that also support the liver and whole metabolic pathway. Your Health Renewal doctor will guide you every step of the way. www.healthrenewal.co.za

To read the full article visit: [Detox Retreats!](#)