

The Skin Renewal Diaries: Entry 2



Whether you were born with skin that's as soft as butter and has remained that way over the years or you were blessed with impeccable natural contouring, there comes that dreaded day when the picture begins to fade.

Keeping a balanced view of yourself and your shortcomings proves really helpful. When I went for my first treatment with Skin Renewal, therapist Bianca Capcan J Bianca, who is an internationally qualified laser therapist, talked me through a combination of treatments, each with their respective properties for the healing of the skin.

My treatments include a beta peel, lasergensis, transdermal mesotherapy and Miracu. Most people would only get to this stage once they have completed treatment for the acne and would like to correct some of the scarring it has left. But because I had already been through that process, my treatments are tailor made to deal with the acne scarring, uneven skin tone and texture of my skin.

Read more: <http://lifestyle.iafrica.com/wellness/1013918.html>